

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2



Mixed bean bolognaise with penne pasta



Margherita pizza & oven baked wedges



Vegetable 'Squashage' roll with roast potatoes & gravy



Cauliflower & chickpea curry with carrot rice



Vegan Sausage roll, chips & tomato ketchup



Beef & lentil bolognaise with penne pasta



Pepperoni pizza & oven baked wedges

Roast gammon with roast potatoes & gravy

Mild chicken tikka masala & chickpea curry with carrot rice



Fish fingers, chips & tomato ketchup

Veggies



Carrots & peas



Broccoli



Carrot & cabbage



Tomato & cucumber salad



Baked beans



Pasta



Penne pasta with house tomato sauce



Penne pasta with a creamy cheese sauce



Creamy pesto penne pasta



Penne pasta with a creamy cheese sauce



Penne pasta with house tomato sauce



Filled Rolls



Ham Cheese Tuna mayo

Ham Cheese Tuna mayo

Ham Cheese Tuna mayo

Ham Cheese Tuna mayo

Cheese Tuna mayo

Sweet Treats



Lemon shortbread biscuit



Chocolate & banana brownie sponge



Orange jelly & mandarins



Oaty apple crumble & custard



Strawberry yogurt & strawberry sauce



Available Every Day - Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan



Main Meal

OPTION 1

OPTION 2

Veggies

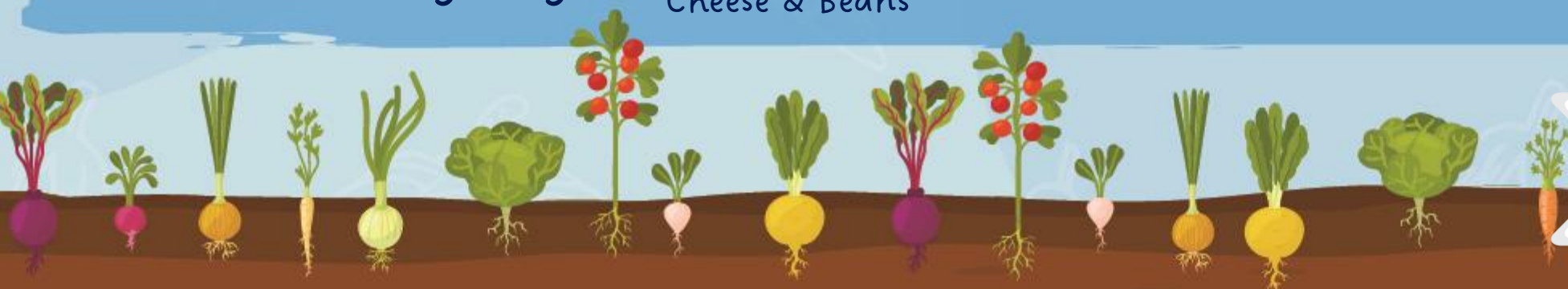
Pasta

Filled Rolls

Sweet Treats

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Vegetable sausages & mashed potatoes with gravy	Lentil & cauliflower dahl with steamed rice	Roast Quorn fillet with roast potatoes & gravy	Baked creamy mac 'n' cheese	Vegetable nuggets, chips & tomato ketchup
OPTION 2	Pork sausages (beef casing) with mashed potatoes & gravy	Cajun chicken, tomato & sweetcorn pasta bake	Roast turkey breast, roast potatoes & gravy	Sweet & sour chicken with carrot rice	Fish & chips with tomato ketchup
Veggies	Carrots & peas	Broccoli	Broccoli, cauliflower & peas	Selection from the salad bar	Peas
Pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Creamy pesto penne pasta	Penne pasta with house tomato sauce
Filled Rolls	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats	Chocolate sponge & chocolate sauce	Raspberry jelly & mandarins	Jam sponge & custard	Carrot cake with orange glaze	Chocolate Mousse

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Veggies

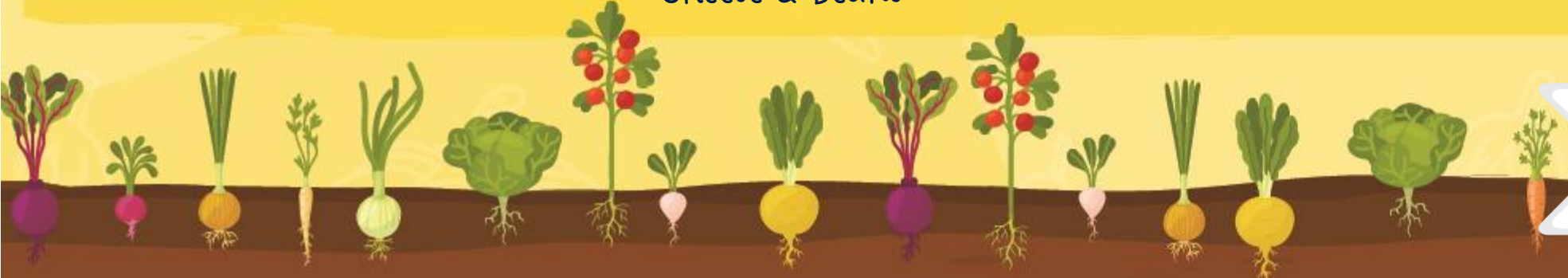
Pasta

Filled Rolls

Sweet Treats

	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Cheesy cauliflower pasta bake	Margherita pizza & oven baked wedges	Vegetable sausages with roast potatoes & gravy	Mixed Bean & vegetable wrap with vegetable rice	Chickpea & vegetable fritter, chips & tomato ketchup
OPTION 2	Beef nacho pasta bake	Tomato, spinach & salmon pasta	Roast chicken breast, roast potatoes & gravy	Zesty tomato, lentil & herb chicken with vegetable rice	Fish fingers, chips & tomato ketchup
Veggies	Sweetcorn	Peas & carrots	Cabbage, peas & carrot	Carrot, cucumber & tomato salad	Baked beans
Pasta	Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Penne pasta with a creamy cheese sauce	Creamy pesto penne pasta	Penne pasta with house tomato sauce
Filled Rolls	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats	Chocolate shortbread	Apple & summer berry crumble with custard	Orange jelly & mandarins	Watermelon Wedge	Strawberry yoghurt & strawberry sauce

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